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## Contribution to the knowledge of Mediterranean wetland biodiversity: Plant communities of the Aquila Lake (Calabria, Southern Italy)

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### Abstract

As part of researches undertaken on the aquatic and marsh vegetation of southern Italy, a study on the Aquila Lake, a small lake basin in southern Calabria near Rosarno (RC), is here presented. Overall, 86 phytosociological relevés were carried out. The phytosociological study allowed the identification of several aquatic and marsh phytocoenoses, many of which not yet known for the region. They are referable to the following 8 classes: *Lemnetea minoris* R. Tx. ex O. Bolòs & Masclans 1955, *Potametea pectinati* R.Tx. & Preising 1942, *Phragmito australis-Magnocaricetea elatae* Klika in Klika & Novák 1941, *Agrostietea stoloniferae* Oberdorfer 1983, *Galio aparines-Urticetea dioicae* Passarge ex Kopecký 1969, *Molinio-Arrhenatheretea Tüxen* 1937, *Salici purpureae-Populetea nigrae* Rivas-Martínez & Cantó ex Rivas-Martínez *et al.* 2001, *Quercu roboris-Fagetetea sylvaticae* Br.-Bl. & Vlieger in Vlieger 1937. A peculiar marsh vegetation is the *Cladietum marisci* Allorge 1922 ex Zobrist 1935 (habitat of Community interest, according to the EEC directive 43/92 - 7210 \*Calcareous ferns with *Cladium mariscus* and species of the *Caricion davallianae*). In the Aquila Lake, some rare aquatic plant communities highlight the importance of this biotope for biodiversity conservation. In particular, we found the pleustophytic associations *Lemno-Spirodeletum polyrhizae* Koch 1954, *Lemno minoris-Hydrocharitetum morsus-ranae* Passarge 1978 and the aquatic rooted vegetation of *Nymphaeetum albae* Vollm. 1947. Despite the heavy pressures on this area, the biotope harbours a well-differentiated and structured aquatic and marsh vegetation that allows the presence of a rich bird life, both sedentary and migratory. The area, privately owned, is not protected; hunting and fishing are practiced and water is pumped for irrigation with negative consequences on the integrity of the entire aquatic ecosystem. Because of its naturalistic peculiarities and its remarkable biodiversity, this biotope certainly deserves more attention and should be proposed as a protected area.

Key words: Cluster analysis, Italy, phytosociology, Reggio Calabria, wetland vegetation.

### Introduction

Wetlands are special places for biodiversity conservation. They host very peculiar plant and animal communities living only in these environments and a remarkable habitats richness, diversified even by minimal variations in chemical-physical parameters, water levels or soil composition (Dudgeon *et al.*, 2006). Due to the importance that wetlands assume for biodiversity conservation, they are object of several national and European projects and initiatives, such as MedWet (2018) and WetVegEurope (2018).

Wetlands are in sharp contraction through the world, mainly due to climate change and the expansion of agricultural and urban areas. Water and marsh habitats are among the most threatened of extinction.

As testified by several authors (De Leone, 1783; Galanti, 1792), the coastal strip of Calabria was occu-

ried by extensive marshy areas until the beginning of the 19<sup>th</sup> century, and subsequently subjected to intense reclamation activities to combat malaria and obtain land for agricultural activities (Petrucci, 1997). A diachronic analysis of historical maps and flora inventories available for the Calabria region has highlighted the changes that have affected the coastal wetlands of Calabria in the last two centuries and the consequences on the reduction of wetlands and the impact of the flora, highlighting a contingent of species in rarefaction, or already disappeared (Spampinato *et al.*, 2007).

Wetland flora and vegetation in southern Italy have often been a subject of scientific interest and several studies have been carried out to increase the knowledge of these particular ecosystems. We can find many scientific contributions especially in Sicily (Minissale & Spampinato, 1987; Brullo & Spampinato, 1990; Brullo *et al.*, 1994; Brullo & Sciandrello, 2006; Scian-

drello et al., 2014), but also in Apulia (Beccarisi et al., 2006, 2007; Tomaselli et al., 2011; Sciandrello & Tomaselli 2014; Tomaselli & Sciandrello 2017; Veronico et al., 2017) and Campania (La Valva & Astolfi, 1988; Strumia, 2004). In Calabria, wetlands have been studied mainly in protected areas (Bernardo et al., 2012; Brullo & Spampinato, 1997; Brullo & Spampinato, 1999; Brullo et al., 2001; Maiorca et al., 2002, 2007; Cameriere et al., 2008).

In previous contributions, we highlighted the importance of Aquila Lake for the conservation of the flora and marsh habitats (Cannavò et al., 2008). In fact, many anthropic sources of disturbance threaten the equilibrium of the lake.

In this paper, we present the results of a phytosociological survey of the lake vegetation, based on numerical analyses. The aim of this work is to improve knowledge on a valuable wet ecosystem in order to emphasize its peculiarity and conservation value and contribute preventing its realistic risk of loss.

**Materials and Methods**

**Study area**

The Aquila Lake is one of the few natural lakes in the Calabria Region, the only one in the Province of Reggio Calabria. It is located on the Tyrrhenian side of Calabria, at an altitude of about 33 m a.s.l.; it has a perimeter of about 1.3 km and an area of 4.5 km<sup>2</sup> (Fig. 1). Some small tributaries with constant flow and small springs feed it. The lake has an emissary (Fosso dell'Aquila) that joins the Mesima River. The central area of the lake, about 4 m deep, is not very extensive compared to the rest of the lake, generally characterized by depths between 1 and 2 m. The surrounding hills, characterized by quaternary sedimentary formations (Pleistocene and neogenic), are 80-90 m high.

Climatic data from the Rosarno thermo-pluviometric station, the closest one to the lake, records 17.0°C as the mean annual temperature and 917 mm as the mean annual rainfall in the period 1970-2000.

According to the bioclimatic classification of Rivas-Martínez (1996-2009) the area belongs to the “Mediterranean Pluviseasonal-Oceanic” Macrobioclimate with low mesomediterranean thermotype and subhumid ombrotype (Fig. 2).

The lake is what remains of an extensive and articulated marsh system existing until the early 20<sup>th</sup> century, almost completely disappeared to date, due to land reclamation activities (Spampinato et al., 2007). The land around the lake is intensely cultivated with various types of crops, mainly woody and irrigated, such as orchards (e.g. citrus fruits).

The Waters Thematic Service of the Provincial Department ARPACAL of Reggio Calabria (Italy) carried out chemical and physical analyses of water (Tab. 1).

They show a neutral pH, on average 7.65 (spring) ÷ 7.50 (summer), with values closer to the neutrality at the centre of the lake (7.20-7.50), tending slightly to alkaline near the outlets of the small tributaries (7.50-7.90). The dissolved oxygen has a seasonal trend,

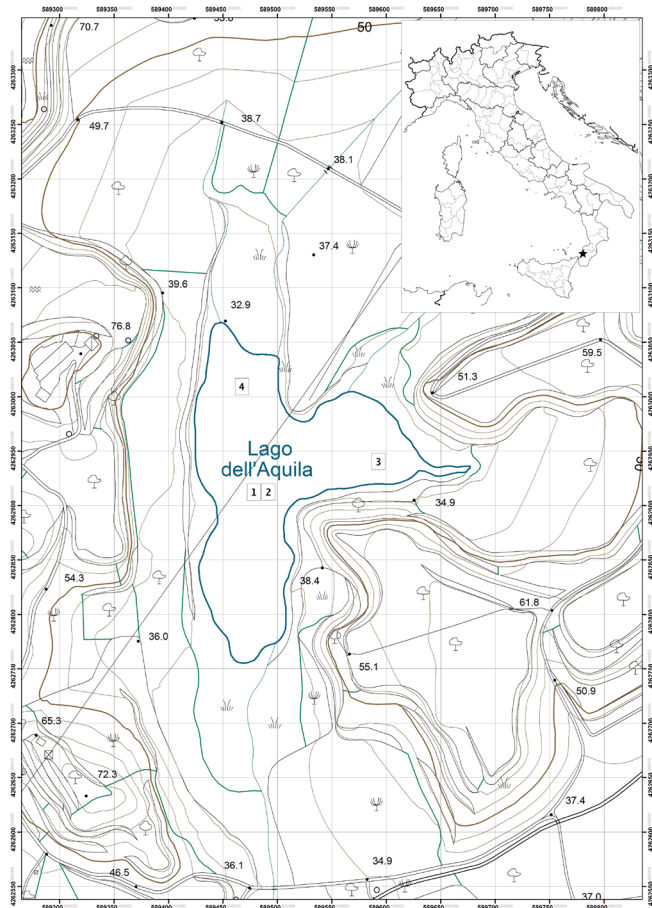


Fig. 1 - Study area. The numbers in the squares indicate the location of the sampling points for chemical-physical analysis of water.

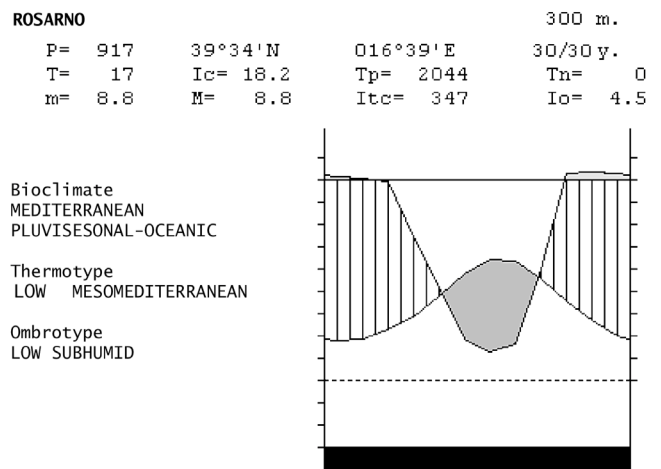


Fig. 2 - Bioclimatic diagram and diagnosis of the Rosarno (RC) thermopluviometric station.

Tab. 1 - Chemical and physical analysis of water in the sampled stations.

Sampling station	1		2		3		4	
	Center of the lake		Center of the lake		East side inlet		North side inlet	
Date	Apr. 30	Sep. 11	Apr. 30	Sep. 11	Apr. 30	Sep. 11	Apr. 30	Sep. 11
Depth (m)	2	2	0.1	0.1	0.1	0.1	0.1	0.1
pH	7.5	7.2	7.4	7.5	7.8	7.6	7.9	7.7
Conductivity at 20°C (µS/cm)	924	1022	922	989	885	964	887	917
Dissolved Oxygen (%)	50	< 0.5	75	3	110	4	115	6
BOD <sub>5</sub> (come O <sub>2</sub> ) (mg/l)	< 5	47	< 5	8	< 5	9	< 5	8
COD (come O <sub>2</sub> ) (mg/l)	50	158	45	54	55	49	35	59
Sulfates (as SO <sub>4</sub> ) (mg/l)	227	138	226	194	225	193	230	196
Cloridre (mg/l)	76	97	76	102	75	95	75	92
Sodium (mg/l)	66	83	66	80	65	80	66	77
Potassium (mg/l)	4	17	4	12	4	12	3	10
Calcium (mg/l)	97	101	97	91	90	91	88	86
Manganese (mg/l)	0.11	1.072	0.11	703	0.05	754	0.05	352
Total nitrogen (mg/l)	1	6150	0.5	1670	0.5	1590	0.5	1302
Total phosphorus (mg/l)	< 0.5	425	< 0.5	59	< 0.5	53	< 0.5	47
Fixed residue (mg/l)	600	660	600	660	575	645	580	650

with under-saturation values (7-50%) in depth, until it reaches anoxia in the summer period and values higher than the saturation on the surface in the spring period, in correspondence with the maximum photosynthetic activity of the hydrophytes. Conductivity has considerable differences in the various sample points: higher values in the centre (922-924 µS/cm) probably due to the effects of greater evaporation, while lower (885-887 µS/cm) in other parts, due to dilution of the waters by the tributaries. This trend is maintained even in the summer period with values higher than the spring period and between 917-1022 µS/cm.

In addition, manganese has a relevant seasonal trend: in the spring, concentrations in the central area of the lake reach maximum values of 110 µg/l; in the summer period, they reach maximum values of 1072 µg/l in the deep sample. It is well known that manganese is, as a trace element, in the chlorophyll of the hydrophytes and its increase appears particularly significant precisely in conjunction with their summer decomposition. Overall, the waters are meso-eutrophic, rich in calcium sulfate in the spring and calcium bicarbonate in the summer. Similarly to many Mediterranean lakes, the Aquila Lake is a warm monomictic type, with a thermal stratification and a single period of full circulation at the end of winter, followed by a progressive stratification with maximum gradient in summer (Lewis, 1983).

#### Data collection and analysis

The vegetation study is based exclusively on original data and follows the plant sociological method of Braun-Blanquet (1964). According to innovative concepts specified by Biondi (2011) and Pott (2011), much more importance has been given to the minimum surface of the relevés in the vegetation survey, to avoid detecting ecotones and mosaics, frequent in these vegetation types. We consider the phytosociological ap-

proach, as a useful tool for the management of natural resources, in accordance with several authors (Brullo *et al.*, 1999; Cano *et al.*, 2017; Mendes *et al.*, 2015; Piñar Fuentes *et al.*, 2017; Pott, 2011; Quinto-Canas *et al.*, 2018a, 2018b; Spampinato *et al.*, 2018; Vila-Viçosa *et al.*, 2015). The fieldwork was carried out during the period 2014-2018. Overall, 86 relevés have been performed.

Nomenclature of native vascular species follows Bartolucci *et al.* (2018), while the alien taxa are reported in accordance with Galasso *et al.* (2018).

Considering the relatively scarce internal heterogeneity of wet meadows, megaphorbes vegetation, shrubby communities, riparian and mesophyllous woods, they have been separated without applying statistical analyses, mostly based on physiognomy and dominant species. Due to the high diversity of aquatic and marsh vegetation, a separate hierarchical Cluster Analysis of the relevés of these two macrotypes only has been performed (Linkage: Ward's method; Distance measure: Euclidean) using PC-ORD 6 software. To this purpose, the original Braun-Blanquet scale was transformed into the ordinal scale according to Van der Maarel (1979). The subsequent arrangement in tables allowed the identification of the plant communities, that were then framed according to the phytosociological syntaxonomic system. The nomenclature of the higher rank syntaxa (Classes, Orders and Alliances) is in accordance with the Prodrome of Italian Vegetation (Biondi & Blasi, 2015).

#### Results and discussion

The dendrogram deriving from the cluster analysis of the relevés of aquatic vegetation allowed the identification of five plant communities belonging to *Lemnetea minoris* and *Potametea pectinati* classes (Fig. 3). The cluster analysis of the marsh vegetation (Fig. 4) points

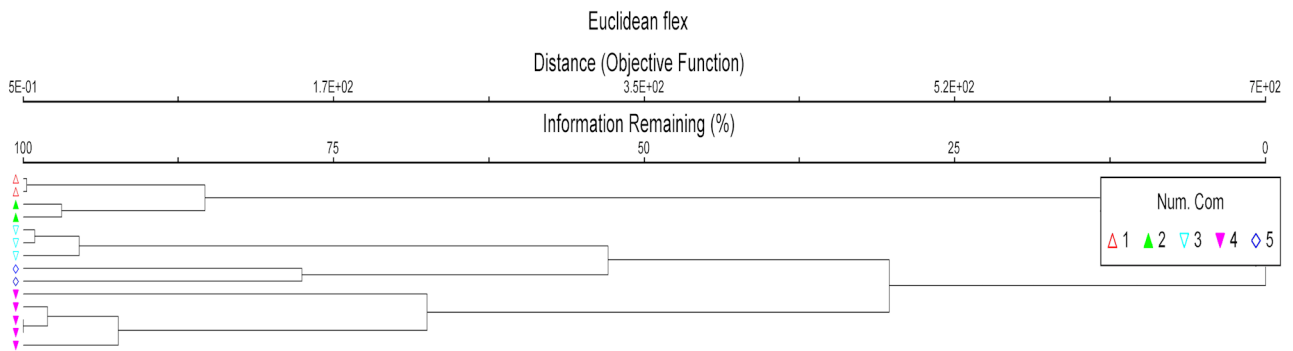


Fig. 3 - Dendrogram rising from the cluster analysis of the relevés of aquatic vegetation. The following groups are highlighted: 1 - *Lemno minoris-Spirodeletum polyrhizae*; 2 - *Lemnetum minoris*; 3 *Lemno minoris-Hydrocharitetum morsus-ranae*; 4 - *Nymphaeetum albae*; 5 - *Ceratophylletum demersi*.

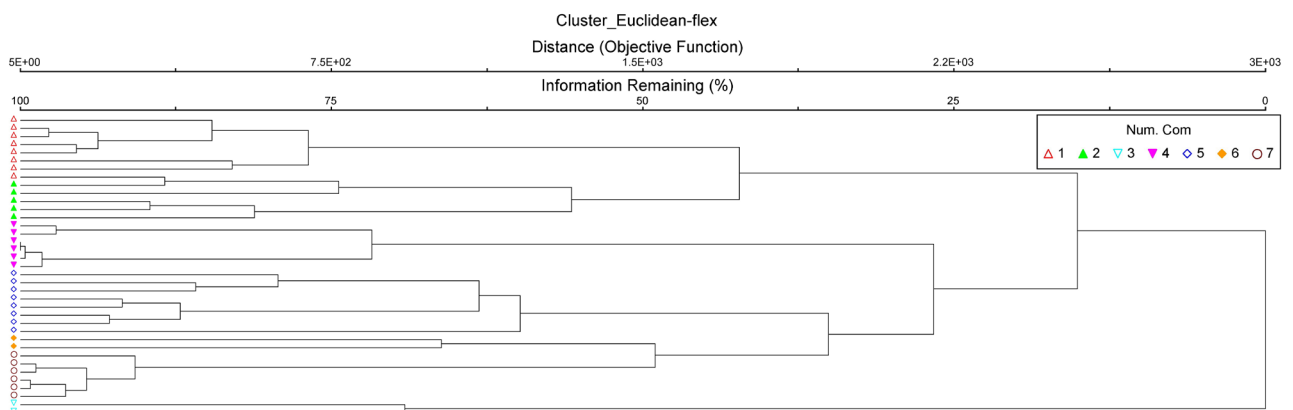


Fig. 4 - Dendrogram rising from the cluster analysis of the relevés of marsh vegetation. The following groups are highlighted: 1 - *Caricetum acutiformis*; 2 - *Caricetum ripariae*; 3 - *Cypero -Caricetum cuprinae*; 4 - *Cladietum marisci*; 5 - *Polygono salicifolii-Phragmitetum australis*; 6 - *Typhetum latifoliae*; 7 - *Schoenoplectetum lacustris*.

out seven groups of relevés that can be referred to well defined plant communities belonging to *Phragmitetalia australis* and *Magnocaricetalia elatae*. In the latter analysis, the most isolated group of relevés should be ascribed to the *Cypero longi-Caricetum otrubae*, whose syntaxonomic location in the *Phragmito australis-Magnocaricetea elatae* class is the subject of different opinions as will be discussed later. The dendrogram highlights the intermediate position of the *Cladietum marisci* among the communities of the orders *Phragmitetalia australis* and *Magnocaricetalia*.

Overall, according to the results of the cluster analysis and to investigated literature, the Aquila Lake vegetation includes 8 classes and 23 plant communities reported in the syntaxonomic scheme.

#### **Floating aquatic vegetation**

(*Lemnetea minoris* Tüxen ex O. Bolòs & Masclans 1955) Tab.2

The most widespread floating aquatic vegetation is the *Lemnetum minoris* that covers the greatest surfaces in the lake (Tab. 2, rels. 3-4). *Lemna minor* is a pleustophyte with a wide ecological amplitude, behaving as a pioneer and able to adapt to strong variations in

environmental parameters, with particular regard to the water level and degree of trophy (Sburlino *et al.*, 2004), colonizing both ephemeral environments, such as temporary ponds, and permanent water bodies. In the surveyed community *Lemna minuta* also occurs, an alien species recently reported and rapidly expanding in Italy, adapted to waters rich in nutrients and poorly oxygenated (Ceschin *et al.*, 2018; Musarella *et al.*, 2019).

More localized is the *Lemno minoris-Spirodeletum polyrhizae* (Tab. 2, rels. 1-2), due to changes in the water level that lead to variations in the degree of water trophy. This phytocoenoses is characterized by *Spirodela polyrhiza*, a very rare floating hydrophyte in Calabria. This community occurs in the marginal parts of the marsh vegetation of the lake, in areas with limited anthropic disturbance, with still and non-shaded waters.

Finally, *Lemno minoris-Hydrocharitetum morsus-ranae* (Tab. 2, rels. 5-7), a pleustophytic paucispecific community, characterized by the dominance of *Hydrocharis morsus-ranae*, recently reported in wet habitats of Calabria by Bartolucci *et al.* (2019). In the Aquila Lake, this vegetation is rare and localized in a loop,

Tab. 2 - *Lemnetea minoris*. LS: *Lemno minoris-Spirodeletum polyrhizae*; Lm: *Lemnetum minoris*; LH: *Lemno minoris-Hydrocharitetum morsus-ranae*. Rels. 1-2: 22-05-2008; Rels. 3-4: 12-09-2013; Rel. 5: 12-09-2013; Rel. 6: 30-04-2014; Rel. 7: 13-06-2014.

Community type	LS	LS	Lm	Lm	LH	LH	LH
Relevé number	1	2	3	4	5	6	7
Relevé number (original)	13	13b	89	89b	65	65b	65c
Surface (m <sup>2</sup> )	2	2	2	2	10	10	5
Total cover (%)	60	70	70	60	100	100	100
Depth (m)	1	1	2	1	0.5	0.5	0.4
Characteristic species							
<i>Spirodela polyrhiza</i> (L.) Schleid.	2	3	.	.	.	.	.
<i>Lemna minor</i> L.	4	4	4	4	1	2	1
<i>Hydrocharis morsus-ranae</i> L.	.	.	.	.	5	4	4
<i>Ceratophyllum demersum</i> L.	.	.	.	.	3	3	2
<i>Lemna minuta</i> L.	.	.	3	1	.	.	.
Other species							
<i>Persicaria decipiens</i> (R. Br.) K.L. Wilson	.	.	.	.	.	.	+
<i>Potamogeton trichoides</i> Cham. & Schtdl.	.	.	.	.	.	1	.
Number of species	2	2	2	2	3	4	3

in correspondence of the introduction of water coming from a source. This phytocoenosis prefers stagnant or slow-flowing waters, subject to summer heating but not to desiccation. It settles on organic or mineral substrates with mesotrophic to eutrophic, non-shaded waters (Passarge, 1996) having few suspended sediments.

### Macrophitic Aquatic vegetation

(*Potametea pectinati* Klika in Klika & Novák 1941)

Tab. 3

Most of the lake surface is occupied by *Nymphaeetum albae* (Tab. 3, rels. 1-3), association characterized by

Tab. 3 - *Potametea pectinati*. Na - *Nymphaeetum albae*; Cd - *Ceratophylletum demersi*. Rels. 1-3: 22-05-2008; Rels. 4-6: 22-05-2008; Rel. 7: 27-06-2008.

Community type	Na	Na	Na	Cd	Cd	Cd	Cd
Relevé number	1	2	3	4	5	6	7
Relevé number (original)	24	39	39b	14	15	16	35
Surface (m <sup>2</sup> )	10	20	20	100	20	20	20
Total cover (%)	60	100	80	90	100	100	80
Depth (m)	2	2	1.5	2	2.5	2.5	3
Characteristic species							
<i>Nymphaea alba</i> L.	4	4	5	.	2	2	.
<i>Ceratophyllum demersum</i> L.	.	3	1	4	5	4	4
<i>Potamogeton trichoides</i> Cham. & Schtdl.	2	.	.	.	.	.	3
<i>Phragmites australis</i> (Cav.) Trin. ex Steud. subsp. australis	1	.	.	1	.	.	.
Other species							
<i>Chara vulgaris</i> L.	2	.	.	.	.	.	.
<i>Damasonium alisma</i> Mill.	.	.	.	.	.	.	2
<i>Persicaria decipiens</i> (R. Br.) K.L. Wilson	.	.	.	2	.	.	.
Number of species	4	2	2	3	2	2	3

rooting hydrophytes with floating leaves (nimpheids), settled on silt-clay sediments rich in organic substance, about 1-2 m deep, in mesotrophic to eutrophic lakes (Šumberová, 2011). The detected stands are poor in species, or even monospecific with the dominance of *Nymphaea alba*, which prefers banks with standing waters, as it is sensitive to the movements of the waves. Communities with *Nymphaea alba*, very rare in southern Italy, are reported for central and northern Italy (Lastrucci *et al.*, 2017).

In the central part of the lake, up to 4 m deep, the association *Ceratophylletum demersi* has been detected (Tab. 3, rels. 4-7), a submerged, floating, non-rooted macrophyte community, known in Calabria for the mouth of the Crati River (Maiorca *et al.*, 2007), common in the lowland and hilly areas of Europe (Lastrucci *et al.*, 2014). *Ceratophyllum demersum* is a pleustophyte that sporadically is associated with rooting hydrophytes (rhizophytes), including *Potamogeton trichoides*. *Ceratophyllum demersum* tolerates water anoxia conditions in summer and strong variations in ecological parameters. It is found in eutrophic lakes due to natural or anthropic causes (Rodwell, 1995), adapting to the shaded conditions due to the floating aquatic vegetation or to the surrounding tree cover (Best & Van Der Werf, 1986).

### Perennial helophytic marsh vegetation

(*Phragmito australis-Magnocaricetea elatae* Klika in Klika & Novák 1941)

Along the shores of the Aquila Lake, wetland vegetation dominated by tall helophytes is well developed. According to Landucci *et al.* (2013), this vegetation includes various phytocoenoses, arranged in specific patterns related to the submersion period and the degree of water trophic content.

### REED SWAMPS AND OTHER TALL HELOPHYTE VEGETATION (*Phragmitetalia australis* W. Koch 1926) Tab. 4

The most widespread marsh vegetation occurring along the shores of the lake is represented by the reedbeds dominated by *Phragmites australis*, a species with a wide ecological value. The reeds at the Aquila lake are attributable to *Polygono salicifolii-Phragmitetum australis*, a phytocoenosis linked to fresh waters, characterized by *Persicaria decipiens* (= *Polygonum salicifolium*), *Iris pseudacorus*, *Galium elongatum*, and other strictly freshwater marsh species (Tab. 4, rels. 1-8). This phytocoenosis is adapted to even considerable oscillations in the water level and its chemical and physical parameters. It is known for various localities of Sicily (Pavone *et al.*, 2007) and Calabria (Maiorca *et al.*, 2007).

In the deeper stretches the *Polygono salicifolii-Phragmitetum communis* is replaced by the *Schoenoplectetum lacustris* settled in calm, eutrophic waters

Tab. 4 - *Phragmito australis-Magnocaricetea elatae*, *Phragmitetalia australis*. PP - *Polygono salicifolii-Phragmitetum australis*; TI - *Typhetum latifoliae*, SI - *Schoenoplectetum lacustris*. Rels. 1-3: 22-05-2008; Rels. 4-5: 27-06-2008; Rel. 6: 26-07-2013; Rels. 7-8: 12-09-2013; Rel. 9: 22-05-2008; Rel. 10: 12-09-2013; Rel. 11: 22-05-2008; Rel. 12: 27-06-2008; Rel. 13: 26-07-2013; Rels. 14-15: 12-09-2013; Rel. 16: 13-06-2014.

Community type	PP	PP	PP	PP	PP	PP	PP	PP	TI	TI	SI	SI	SI	SI	SI	SI
Relevé number	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
Relevé number (original)	1	2	3	21	31	46	49	50	8	52	20	30	44	55	56	83
Surface (m <sup>2</sup> )	50	50	50	20	5	20	20	20	10	10	20	20	20	20	20	20
Total cover (%)	100	100	100	100	100	100	100	100	100	100	90	100	100	100	100	100
Depth (m)	1	1	1	1	0.5	0.5	0.4	0.4	0.5	0.5	1	1	1.5	1.5	1	1.5
Characteristic species																
<i>Persicaria decipiens</i> (R. Br.) K.L. Wilson	.	.	.	3	1	2	2	1	.	.	1	1	.	1	.	2
<i>Phragmites australis</i> (Cav.) Trin. ex Steud. subsp. <i>australis</i>	5	5	5	5	5	5	5	5	.	1	3	1	1	2	3	2
<i>Typha latifolia</i> L.	.	.	.	.	.	.	.	.	4	4	2	1	.	.	.	.
<i>Schoenoplectus lacustris</i> (L.) Palla	.	.	.	.	.	.	.	.	.	.	5	5	5	5	4	5
<i>Agrostis stolonifera</i> L. subsp. <i>scabriglumis</i> (Boiss. & Reut.) Maire	.	.	.	.	1	.	.	.	.	.	.	.	.	.	.	.
<i>Convolvulus sepium</i> L.	.	.	.	.	.	.	.	.	.	.	.	.	.	.	1	.
<i>Convolvulus silvaticus</i> Kit.	.	1	.	.	2	2	.	.	.	.	.	.	.	.	.	.
<i>Carex acutiformis</i> Ehrh.	.	.	.	.	1	.	.	.	.	.	1	.	.	.	.	.
<i>Carex riparia</i> Curtis	.	.	1	.	.	.	.	1	.	.	.	.	.	.	.	.
<i>Cirsium creticum</i> (Lam.) d'Urv. subsp. <i>triumfetti</i> (Lacaita) K. Werner	.	1	1	.	.	.	.	1	.	.	.	.	.	.	.	.
<i>Epilobium hirsutum</i> L.	1	.	1	.	2	.	.	.	.	.	.	.	.	.	.	.
<i>Equisetum ramosissimum</i> Desf.	.	1	.	.	.	.	.	.	.	.	.	.	.	.	.	.
<i>Equisetum telmateia</i> Ehrh.	.	.	.	.	1	.	.	.	2	.	.	.	.	.	.	.
<i>Eupatorium cannabinum</i> L. subsp. <i>cannabinum</i>	.	2	2	.	.	.	1	.	.	.	.	.	.	+	.	.
<i>Galium palustre</i> L. subsp. <i>elongatum</i> (C. Presl) Lange	.	.	.	.	2	.	.	.	.	.	.	.	.	.	.	.
<i>Hypericum tetrapterum</i> Fr.	.	.	.	.	.	1	.	.	.	.	.	.	.	.	.	.
<i>Juncus conglomeratus</i> L.	.	.	.	.	1	.	.	.	.	.	.	.	.	.	.	.
<i>Lycopus europaeus</i> L.	1	1	1	.	+	.	.	1	.	2	.	.	.	1	+	1
<i>Lythrum salicaria</i> L.	.	.	1	.	.	1	2	1	.	.	.	.	.	.	.	.
<i>Mentha suaveolens</i> Ehrh. subsp. <i>suaveolens</i>	.	2	.	.	.	.	.	.	2	.	.	.	.	.	.	.
<i>Rumex sanguineus</i> L.	.	.	.	.	.	.	.	.	2	.	.	.	.	.	.	.
<i>Solanum dulcamara</i> L.	.	1	1	.	.	2	2	1	.	.	.	.	.	.	.	.
<i>Sparganium erectum</i> L.	.	.	.	.	.	.	.	.	.	.	.	.	1	.	.	.
Other species																
<i>Epilobium hirsutum</i> L.	.	.	.	.	.	.	.	.	.	1	.	.	.	.	.	.
<i>Equisetum telmateia</i> Ehrh.	.	.	.	.	.	.	.	.	.	.	.	.	.	.	.	1
<i>Paspalum distichum</i> L.	2	.	.	.	.	.	.	.	.	3	.	.	.	.	.	.
<i>Pulicaria dysenterica</i> (L.) Bernh.	.	.	.	.	.	.	.	.	.	.	.	.	.	1	.	.
<i>Rubus ulmifolius</i> Schott	1	1	2	.	.	.	.	.	.	.	.	.	.	.	.	.
<i>Salix alba</i> L.	.	.	.	.	.	.	1	.	.	.	.	.	.	.	.	.
<i>Symphytotrichum squamatum</i> (Spreng.) G.L. Nesom	.	.	.	.	.	.	.	.	.	1	.	.	.	.	.	.
Number of species	5	9	9	2	9	6	6	7	4	6	5	4	3	5	3	5

more than 30 cm deep on muddy or sandy bottoms, generally with little organic sediment (Lastrucci *et al.*, 2014). Along the inner side of the lake, the *Schoenoplectetum lacustris* (Tab. 4, rels. 11-16) makes contact with the macrophytic vegetation of the *Nimphaetum albae*.

In more disturbed areas of the banks, due to plant residues accumulation, as well as in the drainage channels of the cultivated areas adjacent to the lake, the *Typhetum latifoliae* grows (Tab. 4, rels. 9-10), a plant community linked to marsh habitats impacted by anthropic action with soils and waters rich in nutrients.

#### TALL SEDGES MARSH VEGETATION

(*Magnocaricetalia* Pignatti 1953) Tab. 5

In the outermost belt of the marsh vegetation, submerged only in the winter period during the maximum

lake filling, the high sedges vegetation occurs. Currently, this vegetation is fragmented due to anthropic pressures, such as drainage and modification of banks, related to the increasing of cultivated areas. Variations in groundwater level and flooding time influence the presence of different phytocoenoses.

In the innermost part of the sedges belt the *Caricetum acutiformis* grows (Tab. 5, rels. 1-8), characterized by the dominance of *Carex acutiformis*, a species 1.4-1.6 m high, which demands soils affected by superficial groundwater even in summer.

To the outside, this community makes direct contact with the *Caricetum ripariae* (Tab. 5, rels. 9-13), growing on soils flooded for a shorter period.

A floating bed of *Cladietum marisci* (Tab. 5, rels. 16-21) occupies the west margin of the lake. *Cladium mariscus* develops its rhizomes on the waters of the

Tab. 5 - *Phragmito australis-Magnocaricetea elatae, Magnocaricetalia elatae*. Ca - *Caricetum acutiformis*; Cr - *Caricetum riparia*; CC - *Cypero-Caricetum cuprinae*; Cm - *Cladietum marisci*. Rel. 1: 22-05-2008; Rels. 2-4: 27-06-2008; Rels. 5-9: 12-09-2013; Rel. 10: 13-06-2014; Rel. 11: 30-04-2014; Rels. 12-13: 12-09-2013; Rels. 14-15: 13-06-2014; Rels. 16-19: 22-05-2008; Rel. 20: 27-06-2008; Rel. 21: 13-06-2014.

Community type	Ca	Ca	Ca	Ca	Ca	Ca	Ca	Ca	Cr	Cr	Cr	Cr	Cr	CC	CC	Cm	Cm	Cm	Cm	Cm	Cm	Cm
Relevé number	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	
Relevé number (original)	11	27	28	29	59	60	68	66	67	80	76	51	57	36	37	12	17	18	19	34	38	
Surface (m <sup>2</sup> )	20	20	20	20	20	20	10	10	10	10	20	20	20	20	20	50	20	20	20	20	20	
Total cover (%)	100	100	100	100	100	100	100	100	100	100	100	100	100	100	100	100	100	100	80	100	90	
Characteristic species																						
<i>Carex acutiformis</i> Ehrh.	5	5	5	5	5	5	4	5	4	3	.	.	.	.	.	.	.	.	.	.	.	
<i>Carex riparia</i> Curtis	.	.	.	.	.	.	.	3	4	4	5	4	5	.	.	.	.	.	.	.	.	
<i>Carex otrubae</i> Podp.	.	.	.	.	.	.	.	.	1	.	.	.	.	4	2	.	.	.	.	.	.	
<i>Cyperus longus</i> L.	.	.	.	+	.	.	.	.	.	.	.	.	.	3	4	.	.	.	.	.	.	
<i>Cladium mariscus</i> (L.) Pohl	.	.	.	.	.	.	.	.	.	.	.	.	.	.	.	5	5	5	4	5	4	
<i>Thelypteris palustris</i> Schott	.	.	.	.	.	.	.	.	.	.	.	.	.	.	.	3	2	3	3	.	.	
<i>Phragmites australis</i> (Cav.) Trin. ex Steud.	1	1	.	1	2	.	2	.	1	2	2	.	2	2	1	3	.	1	1	1	3	
<i>Convolvulus sepium</i> L.	.	.	.	.	1	1	.	2	2	.	.	.	2	.	.	.	.	.	.	.	.	
<i>Convolvulus silvaticus</i> Kit.	1	.	.	.	.	.	.	.	.	1	.	.	.	3	2	.	.	.	.	.	.	
<i>Epilobium hirsutum</i> L.	.	2	1	.	.	1	+	+	.	1	.	.	.	1	.	.	.	.	1	.	.	
<i>Epilobium tetragonum</i> L.	.	.	.	.	.	.	.	.	.	.	.	.	.	2	.	.	.	.	.	.	.	
<i>Equisetum telmateia</i> Ehrh.	.	.	.	1	.	.	.	1	.	2	.	.	.	+	1	.	.	.	.	.	.	
<i>Euphorbia hirsuta</i> L.	1	.	.	.	.	.	.	.	.	2	.	.	2	1	3	.	.	.	.	.	.	
<i>Hypericum tetrapterum</i> Fr.	.	.	.	.	.	1	.	.	.	.	.	.	.	.	.	.	.	.	.	.	.	
<i>Lotus tenuis</i> Waldst. & Kit. ex Willd.	.	.	.	.	.	.	.	.	.	.	.	.	.	2	.	.	.	.	.	.	.	
<i>Lycopus europaeus</i> L.	.	.	.	.	.	.	.	.	.	.	.	.	.	.	.	.	.	.	1	+	.	
<i>Lythrum salicaria</i> L.	.	.	1	.	2	1	.	.	.	.	.	.	2	.	.	.	.	.	.	1	.	
<i>Mentha suaveolens</i> Ehrh. subsp. <i>suaveolens</i>	.	1	.	.	.	1	.	.	.	.	.	.	.	.	.	.	.	.	.	.	.	
<i>Persicaria decipiens</i> (R. Br.) K.L. Wilson	.	.	.	.	.	.	.	.	.	.	.	.	.	.	.	.	.	.	.	.	1	
<i>Potentilla reptans</i> L.	.	.	.	2	.	.	3	.	2	.	.	.	.	.	1	.	.	.	.	.	.	
<i>Pulicaria dysenterica</i> (L.) Bernh.	.	.	.	1	1	.	.	.	.	.	.	.	.	.	.	.	.	.	.	.	.	
<i>Rumex sanguineus</i> L.	.	+	+	1	.	.	.	.	1	.	.	.	.	.	1	.	.	.	.	.	.	
<i>Schoenoplectus lacustris</i> (L.) Palla	.	.	.	.	.	.	.	.	.	.	.	.	.	.	.	2	.	.	.	.	.	
<i>Solanum dulcamara</i> L.	2	.	1	.	.	.	.	.	.	.	.	.	.	.	.	.	.	.	.	.	.	
Other species																						
<i>Torilis arvensis</i> (Huds.) Link subsp. <i>arvensis</i>	.	.	.	.	.	.	.	.	.	.	.	.	.	1	1	.	.	.	.	.	.	
<i>Symphotrichum squamatum</i> (Spreng.) G.L. Nesom	.	.	.	1	.	.	.	.	.	.	.	.	1	2	3	.	.	.	.	.	.	
<i>Lotus rectus</i> L.	.	.	.	1	.	.	.	.	.	.	.	.	.	.	.	.	.	.	.	.	.	
<i>Eupatorium cannabinum</i> L. subsp. <i>cannabinum</i>	.	.	.	.	.	.	.	.	.	.	.	.	.	+	.	.	.	.	.	.	.	
<i>Trifolium squamosum</i> L.	.	.	.	.	.	.	.	.	.	.	.	.	.	+	2	.	.	.	.	.	.	
<i>Hypericum hircinum</i> L. subsp. <i>majus</i> (Aiton) N. Robson	.	.	.	.	.	.	.	.	.	.	.	1	.	.	.	.	.	.	.	.	.	
<i>Poa trivialis</i> L.	.	.	.	.	.	.	.	+	.	.	.	.	.	.	.	.	.	.	.	.	.	
<i>Equisetum hyemale</i> L.	.	.	.	.	1	.	.	.	.	.	.	.	.	+	.	.	.	.	.	.	.	
<i>Holcus lanatus</i> L.	.	1	.	.	.	.	.	.	.	.	.	.	.	3	1	.	.	.	.	.	.	
<i>Polypogon monspeliensis</i> (L.) Desf.	.	.	.	.	.	.	.	.	.	.	.	.	.	1	.	.	.	.	.	.	.	
<i>Rubus ulmifolius</i> Schott	.	.	.	.	.	.	.	.	.	.	+	1	.	.	.	.	.	.	.	.	.	
<i>Atriplex prostrata</i> Boucher ex DC.	.	.	.	.	.	.	.	.	.	.	.	.	.	.	.	.	.	.	.	+	.	
Number of species	5	5	4	4	8	7	3	5	4	9	3	4	5	12	12	3	2	3	5	4	3	

lake and forms a dense floating bed, poor in species. Among the few species present, *Thelypteris palustris* can be mentioned, known in Calabria only for this locality (Crisafulli *et al.*, 2010). This rare fern, typical of the swampy *Alnus glutinosa* woods (Biondi & Blasi, 2015), is also known for occurring in *Cladietum marisci* stands (Namura-Ochalska, 2005), as well as in other marsh associations, such as the *Thelypterido palustris-Phragmitetum australis* (Lastrucci *et al.*, 2014). In the coastal lagoons of the Mediterranean basin, *Cladium mariscus* characterizes subalophilic communities, such as the *Soncho-Cladietum marisci* (Br.-Bl. & O. Bolós 1957) Cirujano 1980, reported in Sicily (Pavone *et al.*, 2007) and in Apulia (Di Pietro *et al.*, 2009). As highlighted also by the classification of the relevés, *Cladietum marisci* is a plant community

with intermediate floristic characteristics between the orders *Magnocaricetalia* and *Phragmitetalia*.

In the moat elevated range of the sedge vegetation, the *Cypero-Caricetum cuprinae* (= *Cypero-Caricetum otrubae* Tüxen in Tüxen & Oberdorfer 1958) occurs (Tab. 5, rels. 14-15). The syntaxonomic position of this association is not unanimous. Some authors place it in the alliance *Magnocaricion elatae* of the *Phragmito australis-Magnocaricetea elatae* class (Venanzoni *et al.*, 2018), others in the alliance *Mentho longifoliae-Juncion inflexi* Müller & Görs ex de Foucault 2008 of the *Agrostietea stoloniferae* Oberdorfer 1983 class (Lastrucci *et al.*, 2014). In fact, the cluster analysis (Fig. 4) separates this community from other sedges coenoses, showing an intermediate position between the marsh vegetation and the wet meadows.



## MARSH VEGETATION OF WELL-OXYGENATED FLOWING FRESHWATER

(Nasturtio officinalis-Glycerietalia fluitantis) Tab. 6

In the lake's small tributaries fed by perennial springs the *Helosciadietum nodiflori* is present, a plant community linked to shallow, well oxygenated running waters, sunny and constant throughout the year (Tab. 6, rels. 3-4). This plant community is characterized by the dominance of *Helosciadium nodiflorum*, normally associated with a few other hydrophytes as *Veronica anagallis-aquatica*.

In the loops of the lake with low-flowing waters due to small tributaries, the *Sparganietum erecti* has been detected, a helophytic community growing in 50-70 cm deep water, characterized by the dominance of *Sparganium erectum*, associated with *Phragmites australis* and a few other helophytes (Tab. 6, rels. 1-2).

## Wet meadow vegetation

(Molinio-Arrhenatheretea Tüxen 1937) Tab. 7

The vegetation of the wet meadows settled on moist soils outside the marshes of the surveyed area is very disturbed and fragmented by agricultural activities and pasturage. Some phytocoenoses can be identified as *Cirsio triumfetti-Eupatorietum cannabini* (Tab. 7, rels. 3-4) on more humid stands, which take advantage of the accumulation of organic materials, and *Alopecurus myosuroides* community (Tab. 7, rels. 5-6) growing in the most external surfaces on flat muddy-clayey soils, periodically flooded and grazed. Finally, a community with *Althaea officinalis* occurs in the more disturbed sites (Tab. 7, rels. 1-2).

Tab. 6 - *Phragmites australis-Magnocaricetea elatae, Nasturtio officinalis-Glycerietalia fluitantis*. Se - *Sparganietum erecti*; Hn - *Helosciadietum nodiflori*. Rels. 1-2: 22-05-2008; Rels. 3-4: 26-07-2013.

Community type	Se	Se	Hn	Hn
Relevé number	1	2	3	4
Relevé number (original)	22	23	7	7b
Surface (m <sup>2</sup> )	10	10	10	10
Total cover (%)	100	100	90	100
Depth (m)	1	0.5	0.3	0.3

Characteristic species	Se	Se	Hn	Hn
<i>Sparganium erectum</i> L.	5	5	1	1
<i>Helosciadium nodiflorum</i> (L.) W.D.J. Koch	.	.	4	5
<i>Veronica anagallis-aquatica</i> L.	.	.	2	1
<i>Persicaria decipiens</i> (R. Br.) K.L. Wilson	2	3	.	.
<i>Phragmites australis</i> (Cav.) Trin. ex Steud. subsp. australis	.	1	.	.
Other species				
<i>Paspalum distichum</i> L.	.	.	1	+
<i>Solanum dulcamara</i> L.	.	.	1	.
Number of species	2	3	5	3

Tab. 7 - *Molinio-Arrhenatheretea*. Ao: *Althaea officinalis* community, CE: *Cirsio triumfetti-Eupatorietum cannabini*, Am: *Alopecurus myosuroides* community. Rels. 1-2: 26-07-2013; Rels. 3-4: 12-09-2013; Rels. 5-6: 13-06-2014.

Community type	Ao	Ao	CE	CE	Am	Am
Relevé number	1	2	3	4	5	6
Relevé number (original)	45	61	48	48b	69	25
Surface (m <sup>2</sup> )	20	50	20	30	20	20
Total cover (%)	100	100	100	100	100	90

Characteristic species	Ao	Ao	CE	CE	Am	Am
<i>Althaea officinalis</i> L.	3	2	.	.	.	.
<i>Cirsium creticum</i> (Lam.) d'Urv. subsp. triumfetti (Lacaita) K. Werner	.	.	3	4	.	.
<i>Eupatorium cannabinum</i> L. subsp. cannabinum	.	.	3	2	.	.
<i>Alopecurus myosuroides</i> Huds.	.	.	.	.	2	4
<i>Lythrum salicaria</i> L.	4	3	.	.	.	.
<i>Mentha longifolia</i> (L.) L.	3	.	.	.	.	.
<i>Daucus carota</i> L. subsp. carota	1	2	.	.	1	.
<i>Pulicaria dysenterica</i> (L.) Bernh.	3	4	1	.	.	.
<i>Holcus lanatus</i> L.	1	.	.	.	2	+
<i>Potentilla reptans</i> L.	.	2	.	.	3	.
<i>Trifolium repens</i> L.	1	2	.	.	1	3
<i>Carex otrubae</i> Podp.	.	.	.	1	.	2
<i>Lotus rectus</i> L.	.	.	3	2	1	.
<i>Lythrum junceum</i> Banks & Sol.	.	.	2	.	.	1
<i>Mentha suaveolens</i> Ehrh. subsp. suaveolens	.	1	2	1	.	.
<i>Ajuga reptans</i> L.	.	.	.	.	+	.
<i>Agrostis stolonifera</i> L. subsp. scabriglumis (Boiss. & Reut.) Maire	.	.	.	.	1	3
<i>Equisetum telmateia</i> Ehrh.	.	.	1	1	.	.
<i>Convolvulus sepium</i> L.	1	.	.	.	.	.
<i>Geranium dissectum</i> L.	.	.	.	.	2	.
<i>Lolium perenne</i> L.	.	.	.	.	1	3
<i>Lotus tenuis</i> Waldst. & Kit. ex Willd.	.	1	.	.	.	.
<i>Oenanthe pimpinelloides</i> L.	.	.	.	.	2	3
<i>Poa trivialis</i> L.	.	.	.	.	3	2
<i>Ranunculus neapolitanus</i> Ten.	.	.	.	1	.	1
<i>Mentha aquatica</i> L.	.	.	.	.	.	1
<i>Plantago major</i> L.	.	.	.	.	.	+
Other species						
<i>Samolus valerandi</i> L.	.	.	2	.	.	.
<i>Lathyrus aphaca</i> L.	.	.	.	.	.	1
<i>Carex acutiformis</i> Ehrh.	1	.	.	.	.	.
<i>Carex riparia</i> Curtis	.	.	.	.	.	1
<i>Typha latifolia</i> L.	.	.	2	1	.	.
<i>Cynodon dactylon</i> (L.) Pers.	.	.	.	.	1	3
<i>Vicia bithynica</i> (L.) L.	.	.	.	.	.	1
<i>Bromus hordeaceus</i> L.	.	.	.	.	1	2
<i>Xanthium italicum</i> Moretti	.	.	.	.	+	.
<i>Symphotrichum squamatum</i> (Spreng.) G.L. Nesom	.	.	1	+	.	.
<i>Poa annua</i> L.	.	.	.	.	1	.
<i>Ranunculus arvensis</i> L.	.	.	.	.	+	.
<i>Bellardia viscosa</i> (L.) Fisch. & C.A. Mey.	.	.	.	.	.	1
Number of species	9	8	10	8	14	16

## Hygro-nitrophilous, megaphorbs vegetation

(Filipendulo ulmariae-Convolutetea sepium Géhu &amp; Géhu-Franck 1987) Tab. 8

In areas heavily disturbed such as lake banks and canals, *Arundo donax* communities occur, attributable to the *Calystegio silvaticae-Arundinetum donacis* (Tab. 8), a hygro-nitrophilous association described by Brullo *et al.* (2001) for southern Calabria. *Arundo donax* is an alien invasive species (Galasso *et al.* 2018) introduced long time ago throughout the Mediterranean. This vegetation, known in other regions too,

Tab. 8 - *Filipendulo ulmariae-Convolutetea sepium. Calystegio silvaticae-Arundinetum donacis*. Rel. 1: 22-05-2008; Rel. 2: 12-09-2013; Rel. 3: 13-06-2014.

Community type	CA	CA	CA
Relevé number	1	2	3
Relevé number (original)	6	58	79
Surface (m <sup>2</sup> )	20	50	20
Total cover (%)	100	100	100
<b>Characteristic species</b>			
<i>Arundo donax</i> L.	5	5	5
<i>Rubus ulmifolius</i> Schott	2	3	+
<i>Convolvulus silvaticus</i> Kit.	2	.	2
<i>Equisetum telmateia</i> Ehrh.	.	1	1
<i>Urtica dioica</i> L.	.	2	2
<i>Arum italicum</i> Mill.	.	.	1
<i>Clematis vitalba</i> L.	.	2	.
<i>Galium aparine</i> L.	.	.	1
<b>Other species</b>			
<i>Mentha suaveolens</i> Ehrh. subsp. <i>suaveolens</i>	1	.	.
<i>Sambucus ebulus</i> L.	.	.	1
<i>Torilis arvensis</i> (Huds.) Link subsp. <i>arvensis</i>	.	.	+
Number of species	4	5	7

replaces the wet meadow and marsh vegetation. It is a thermophilous vicariant of the *Arundini-Convolutetea sepium*, a community widely distributed in the Euro-Mediterranean territories (Giusso del Galdo *et al.*, 2008).

### Riparian woods

(*Salici purpureae-Populetea nigrae* Rivas-Martínez & Cantó ex Rivas-Martínez, *et al.* 2001) Tab. 9

The riparian and lowland woods, which probably covered the shores of the lake in former times, are nowadays reduced to small patches as a result of land use changes due to agriculture and plantation of hybrid poplars (*Populus x canadensis*), realized some decades ago on the western shore of the lake (Tab. 9, rels. 9-11).

Only very limited patches remain, on the right bank of the lake, characterized by the dominance of *Alnus glutinosa* (Tab. 9, rel. 5), to which other hygrophilous species are associated, including the very rare *Iris foetidissima*, a typical species of these habitats (Brullo & Spampinato, 1997).

High-shrub willows of *Salicetum albo-brutiae* form small patches in the northern part of the lake (Tab. 9, rels. 1-4). It is a pioneer plant community characterized by the codominance of *Salix alba* and *Salix brutia*, spread along the waterways of the region (Brullo & Spampinato, 1997).

Small patches or dense hedgerows of *Ulmus minor*, referable to the *Aro italici-Ulmetum minoris*, are still present on sandy or muddy soils in the most external parts of the lake zonation, occasionally flooded but provided with water reserves for most of the year (Tab. 9, rels. 6-8).

### Shrubby communities

(*Rhamno catharticae-Prunetea spinosae* Rivas Goday & Borja ex Tüxen 1962) Tab. 10

In more elevated positions of the lake shores, shrub communities dominated by deciduous species such as *Cornus sanguinea* and *Rubus ulmifolius* occur. They are secondary formations originating from the riparian wood's degradation.

### Mesophylous woods

(*Quercu roboris-Fageteta sylvaticae*) Tab. 11

Despite the surrounding land being very degraded by anthropic pressures, residual patches of mesophylous woods grow on the northern hillside slopes. The tree layer is structured by species of particular value because they live at the limit of their distribution range, such as *Tilia platyphyllos* subsp. *pseudorubra* and *Quercus robur* subsp. *brutia*. To date, this latter species was not known for the province of Reggio Calabria and it is very rare in the region, growing in residual planifol forest of the *Alno-Quercion roboris* (Brullo & Spampinato, 1999). The nemoral flora is rich in species normally found in the mountain belt, such as *Helleborus bocconeii* subsp. *intermedius*, *Lathyrus venetus*, *Euphorbia meuselii*. In the past, these formations were certainly much more articulated and diversified in various plant communities, according to topographical and edaphic characteristics. The current situation, in which only two patches are present, makes their phytosociological classification very difficult and, at the moment, still uncertain.

### Habitats of conservation interest

The European Directive 92/43/EEC (Habitat Directive) is one of the main regulatory instruments for the conservation of biodiversity in Europe. The main goal of this Directive is the conservation of species and habitats of community interest through the Natura 2000 ecological network. Habitats listed in Annex I are identified mainly on a phytosociological basis (Biondi *et al.*, 2009, 2012). Therefore, the phytosociological study of vegetation is necessary to diagnose and assess the habitats of Annex I and plan the management of natural resources (Gigante *et al.*, 2016, 2018; Zivkovic *et al.*, 2017).

Based on Biondi *et al.* (2009), this study allowed the identification of four Annex I habitats at Lake Aquila. They are reported as follows and related to the analysed plant communities:

- 3150: Natural eutrophic lakes with *Magnopotamion* or *Hydrocharition*-type vegetation (*Lemnetum minoris* Oberdorfer ex Müller & Görs 1960; *Lemno-Spirodeletum polyrhizae* Koch 1954; *Lemno minoris-Hydrocharitetum morsus-ranae* Passarge 1978;

Tab. 9 - *Salici purpureae-Populetea nigrae*. Sa: *Salicetum albo-brutiae*; Ag: *Alnus glutinosa* community; AU: *Aro italicum-Ulmetum minoris*; Pp: Poplar plantations. Rel. 1: 22-05-2008; Rel. 2: 27-06-2008; Rels. 3-4: 12-09-2013; Rel. 5: 13-06-2014; Rels. 6-7: 12-09-2013; Rel. 8: 30-04-2014; Rels. 9-10: 22-05-2008; Rel. 11: 13-06-2014.

Community type	Sa	Sa	Sa	Sa	Ag	AU	AU	AU	Pp	Pp	Pp
Relevé number	1	2	3	4	5	6	7	8	9	10	11
Relevé number (original)	10	53	64	84	33	62	63	78	4	5	82
Surface (m <sup>2</sup> )	100	100	100	50	100	100	100	50	34	34	36
Total cover (%)	100	90	100	100	100	100	90	70	100	100	100
Characteristic species											
<i>Salix alba</i> L.	4	4	5	3	3	.	.	.	.	.	2
<i>Salix brutia</i> Brullo & Spamp.	3	3	3	3	.	.	.	.	.	.	.
<i>Alnus glutinosa</i> (L.) Gaertn.	.	.	.	.	3	.	.	.	.	.	.
<i>Ulmus minor</i> Mill.	.	.	.	.	2	5	4	4	.	.	.
<i>Arum italicum</i> Mill.	.	.	.	.	+	2	1	.	.	.	.
<i>Populus x canadensis</i> Moench	.	2	.	.	.	.	.	.	5	5	4
<i>Equisetum telmateia</i> Ehrh.	1	.	1	.	.	.	.	+	.	.	.
<i>Hypericum hircinum</i> L. subsp. majus (Aiton) N. Robson	2	1	.	.	.	.	.	.	2	1	.
<i>Carex pendula</i> Huds.	.	.	2	.	.	.	.	.	.	.	.
<i>Cornus sanguinea</i> L.	.	.	.	1	.	1	.	3	1	.	.
<i>Solanum dulcamara</i> L.	2	1	2	.	.	.	.	.	.	.	.
<i>Euphorbia meuselii</i> Geltman	+	.	.	.	.	.	.	.	.	.	.
<i>Brachypodium sylvaticum</i> (Huds.) P. Beauv.	.	.	.	.	.	1	.	.	.	.	.
<i>Aegonychon purpureoeruleum</i> (L.) Holub	.	.	.	.	.	.	.	+	.	.	.
<i>Clematis vitalba</i> L.	.	.	.	.	2	2	.	2	2	1	2
<i>Hedera helix</i> L. (e)	.	.	.	.	.	3	1	.	.	.	.
<i>Iris foetidissima</i> (L.) Medik.	.	.	.	.	1	1	1	.	.	.	.
<i>Sambucus nigra</i> L.	.	.	.	.	2	.	.	.	.	.	.
<i>Vinca major</i> L.	.	.	.	.	.	.	2	2	.	.	.
Other species											
<i>Arisarum vulgare</i> O. Targ. Tozz.	.	.	.	.	.	+	.	.	.	.	.
<i>Arundo donax</i> L.	.	.	.	.	.	.	.	.	2	1	.
<i>Asparagus acutifolius</i> L.	.	.	.	.	.	1	+	1	.	.	.
<i>Bryonia dioica</i> Jacq.	.	.	.	.	2	.	.	.	.	.	.
<i>Carex riparia</i> Curtis	.	.	.	.	1	.	.	.	.	.	.
<i>Cirsium creticum</i> (Lam.) d'Urv.	.	.	.	.	.	.	.	.	1	.	.
subsp. triumfetti (Lacaita) K. Werner	.	.	.	.	.	.	.	.	.	.	.
<i>Convolvulus silvaticus</i> Kit.	1	.	.	.	.	.	.	.	.	.	.
<i>Daucus carota</i> L. subsp. carota	.	.	.	.	.	.	.	.	.	.	1
<i>Equisetum palustre</i> L.	2	.	.	.	.	.	.	.	.	.	.
<i>Euonymus europaeus</i> L.	.	.	.	.	.	1	.	.	.	.	.
<i>Eupatorium cannabinum</i> L. subsp. cannabinum	1	.	.	.	.	.	.	.	.	.	.
<i>Foeniculum vulgare</i> Mill. subsp. piperitum (Ucria) Bég.	.	.	.	.	.	.	.	.	.	.	1
<i>Fraxinus ornus</i> L.	.	.	.	.	.	2	.	.	.	.	.
<i>Lotus rectus</i> L.	1	.	.	.	.	.	.	.	.	.	.
<i>Myrtus communis</i> L.	.	.	.	.	.	.	.	1	.	.	.
<i>Persicaria decipiens</i> (R. Br.) K.L. Wilson	.	.	1	.	.	.	.	.	.	.	.
<i>Phragmites australis</i> (Cav.) Trin. ex Steud. subsp. australis	3	.	.	2	.	1	1	.	1	1	.
<i>Pteridium aquilinum</i> (L.) Kuhn	.	.	.	.	.	.	.	1	.	.	.
<i>Robinia pseudoacacia</i> L.	.	.	.	.	.	.	.	.	.	2	.
<i>Rosa sempervirens</i> L.	.	.	.	.	.	2	1	1	.	.	.
<i>Rubia peregrina</i> L.	.	.	.	.	.	1	.	3	.	.	.
<i>Rubus ulmifolius</i> Schott	.	.	.	.	.	.	.	.	.	.	.
<i>Smilax aspera</i> L.	.	.	.	.	.	.	2	2	.	.	.
<i>Urtica dioica</i> L.	.	.	1	.	.	.	.	.	1	.	.
<i>Verbena officinalis</i> L.	+	.	.	.	.	.	.	.	.	.	.
Number of species	10	5	7	4	8	13	8	10	8	6	5

*Nymphaeetum albae* Vollmar 1947 em. Oberd. in Oberd. & Mitarb. 1967; *Ceratophylletum demersi* Hild 1956);

- 3260: Water courses of plain to montane levels with the *Ranunculion fluitantis* and *Callitricho-Batrachion* vegetation (*Apietum nodiflori* Br.-Bl. (1931) 1952);

- 7210\*: Calcareous fens with *Cladium mariscus* and species of the *Caricion davallianae* (*Cladietum marisci* Allorge 1921);

- 6420 Mediterranean tall humid herb grasslands of the *Molinio-Holoschoenion* (*Cirsio triumfettii-Eupatorium cannabini* Brullo & Spampinato 1990).

Tab. 10 - *Rhamno catharticae-Prunetea spinosae. Rubus ulmifolius* community. Rel. 1: 22-05-2008; Rel. 2: 26-07-2013; Rel. 3: 12-09-2013.

Relevé number	1	2	3
Relevé number (original)	7	41	54
Surface (m <sup>2</sup> )	20	20	50
<b>Total cover (%)</b>	<b>100</b>	<b>100</b>	<b>100</b>
Characteristic species			
<i>Rubus ulmifolius</i> Schott	5	5	4
<i>Convolvulus silvaticus</i> Kit.	2	2	.
<i>Clematis vitalba</i> L.	.	3	2
<i>Arundo collina</i> Turra	1	.	.
<i>Cornus sanguinea</i> L.	.	.	4
<i>Ficus carica</i> L.	.	.	1
<i>Galium aparine</i> L.	1	.	.
Other species			
<i>Solanum dulcamara</i> L.	2	+	.
<i>Equisetum telmateia</i> Ehrh.	1	.	.
<i>Eupatorium cannabinum</i> L. subsp. <i>cannabinum</i>	.	.	1
<i>Hypericum hircinum</i> L. subsp. <i>majus</i> (Aiton) N. Robson	.	2	.
<i>Persicaria decipiens</i> (R. Br.) K.L. Wilson	.	.	+
<i>Phytolacca americana</i> L.	+	.	.
<i>Pteridium aquilinum</i> (L.) Kuhn	.	1	.
<i>Quercus virgiliana</i> (Ten.) Ten. (a)	.	1	.
<i>Raphanus raphanistrum</i> L. subsp. <i>landra</i> (Moretti ex DC.) Bonnier & Layens	1	.	.
<i>Rosa sempervirens</i> L.	.	.	1
<i>Silene latifolia</i> Poir.	+	.	.
Number of species	7	6	6

Among these, the priority habitat 7210\* (Calcareous fens with *Cladium mariscus* and species of the *Cari-cion davallianae*) has particular importance, being very rare in the Mediterranean bioregion and present in Calabria only in another site (Maiorca *et al.*, 2002).

### Conclusions

Despite many anthropogenic pressures, the Aquila Lake harbours aquatic and marsh plant communities rather rare in the Mediterranean bioregion, such as the macrophytic vegetation of *Nymphaeetum albae*, the floating aquatic vegetation of *Lemno minoris-Hydrocharitetum morsus-ranae* and the tall sedges marsh vegetation of *Cladietum marisci*, all acknowledged as Annex I habitats deserving conservation efforts. The lake is a refuge site for many taxa with a northern distribution that disappeared from the surrounding territories, due to climate change and reclamations carried out in the last centuries, such as *Thelypteris palustris*, *Cladium mariscus*, *Schoenoplectus lacustris*, *Hydrocharis morsus-ranae*, *Nymphaea alba* subsp. *alba* and *Quercus robur* subsp. *brutia*.

The rarity of these species and habitats suggests the need of proper management guidelines aimed at the protection and conservation of the biotope, both through the maintenance of existing natural features

Tab. 11 - *Quercus roboris-Fagetea sylvatica*. Rels. 1-2: 27-06-2008; Rels. 3-4: 26-07-2013.

Relevé number	1	2	3	4
Relevé number (original)	32	42	43	76
Surface (m <sup>2</sup> )	45	45	50	50
Total cover (%)	100	200	200	100
Cover Tree layer (A) (%)	90	100	100	100
Cover Scrub layer (a) (%)	80	40	40	40
Cover Herb layer (e) (%)	80	80	80	60
Slope (°)	80	50	50	40
<b>Exposition</b>	<b>N</b>	<b>N</b>	<b>N</b>	<b>N</b>
Characteristic species				
<i>Ostrya carpinifolia</i> Scop.	4	5	5	4
<i>Acer opalus</i> Mill. subsp. <i>obtusatum</i>	2	2	3	2
<i>Quercus robur</i> L. subsp. <i>brutia</i> (Ten.) O. Schwarz	2	2	.	2
<i>Cornus sanguinea</i> L.	3	2	1	2
<i>Fraxinus ornus</i> L. subsp. <i>ornus</i>	2	3	2	2
<i>Vinca major</i> L.	2	.	2	2
<i>Helleborus viridis</i> L. subsp. <i>bocconeii</i> (Ten.) Peruzzi	1	.	2	2
<i>Hedera helix</i> L. (A)	3	2	1	.
<i>Hedera helix</i> L. (e)	3	3	2	.
<i>Brachypodium sylvaticum</i> (Huds.) P. Beauv.	1	1	2	.
<i>Lathyrus venetus</i> (Mill.) Wohlf.	+	.	1	2
<i>Ulmus minor</i> Mill.	.	1	1	.
<i>Viola alba</i> Besser subsp. <i>dehnhardtii</i> (Ten.) W. Becker	1	.	.	1
<i>Euphorbia meuselii</i> Geltman	1	.	.	2
<i>Polystichum setiferum</i> (Forssk.) T. Moore ex Woyn.	.	+	1	.
<i>Tilia platyphyllos</i> Scop. subsp. <i>pseudorubra</i> C.K. Schneid.	3	.	.	.
<i>Castanea sativa</i> Mill.	.	1	.	.
<i>Symphytum bulbosum</i> K.F. Schimp.	.	.	.	1
<i>Drymochloa drymeja</i> (Mert. & W.D.J. Koch) Holub	.	.	.	4
<i>Festuca heterophylla</i> Lam.	.	.	2	.
<i>Acer campestre</i> L.	.	1	.	.
Other species				
<i>Rubia peregrina</i> L.	1	2	2	2
<i>Asparagus acutifolius</i> L.	1	1	1	.
<i>Clematis vitalba</i> L.	2	2	2	.
<i>Cytisus villosus</i> Pourr.	2	2	2	.
<i>Crataegus monogyna</i> Jacq.	1	1	.	.
<i>Chamaeiris foetidissima</i> (L.) Medik.	1	.	.	+
<i>Luzula forsteri</i> (Sm.) DC.	.	+	1	.
<i>Pteridium aquilinum</i> (L.) Kuhn	1	.	.	1
<i>Quercus ilex</i> L.	2	.	1	.
<i>Rosa sempervirens</i> L.	.	1	+	.
<i>Rubus ulmifolius</i> Schott	.	2	1	.
<i>Smilax aspera</i> L.	1	2	.	.
<i>Asplenium onopteris</i> L.	.	1	.	.
<i>Aegonychon purpurocaeruleum</i> (L.) Holub	.	.	.	+
<i>Cyclamen hederifolium</i> Aiton	.	.	.	+
<i>Carex distachya</i> Desf.	.	1	.	.
<i>Arundo plinii</i> Turra	.	.	1	.
<i>Euonymus europaeus</i> L.	1	.	.	.
<i>Hypericum hircinum</i> L. subsp. <i>majus</i> (Aiton) N. Robson	.	.	.	1
<i>Ruscus aculeatus</i> L.	.	1	.	.
Number of species	23	22	21	15

and by operating with environmental restoration activities on degraded stretches through specific projects.

The Aquila Lake has not yet been included neither in any list of protected areas nor in sites of significant naturalistic or environmental importance. This study fills a knowledge gap to carry out forms of protection in this fragile and valuable biotope, threatened by agro-pastoral activities practiced in the surrounding territory.

The most serious threat to aquatic and marsh habitats

is the terrestrialization processes, which over time has reduced the lake surface to the advantage of cultivated areas. In addition, the run-off of fertilizers, pesticides and herbicides that could pollute the aquifer has negative consequences on species and habitats linked to the wetland, more susceptible to the effects of pollutants.

According to Quinto-Canas *et al.* (2018b), in order to maintain a good level of biodiversity, it is necessary to reduce the use of herbicides and fertilizers, to avoid soil mobilization and to control or eradicate non-native plants. The last ones often grow mixed with the native ones and can replace them (Musarella, 2019).

Floristic and palynologic studies, but also the toponymy and archaeological evidence (Russo *et al.*, 2018, Spampinato *et al.*, 2007; 2017), highlight that the landscape of the lowland area of Calabria in the Holocene has been strongly modified by human activities. A drastic reduction of floodplain forests and wetland, up to their disappearance, due to the expanding of agri-

cultural and settlement areas. The few relict wetland areas in the lowland, therefore, have high importance for biodiversity conservation.

Due to the importance of this peculiar biotope, we consider that specific conservation measures need to be taken in order to preserve its flora and vegetation. These conservation measures should also take into account bio-climatological features, because only considering bioclimate, it is possible to guarantee a correct management of biodiversity (Cano-Ortiz *et al.*, 2015a, b; Cano *et al.*, 2019).

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#### Syntaxonomic scheme

LEMNETEA MINORIS Tüxen ex O. Bolòs & Masclans 1955

*LEMNETALIA MINORIS* Tüxen ex O. Bolòs & Masclans 1955

**Lemnion minoris** Tüxen ex O. Bolòs & Masclans 1955

*Lemnetum minoris* Oberdorfer ex Müller & Görs 1960

*Lemno minoris-Spirodeletum polyrhizae* Koch 1954

**Lemno minoris-Hydrocharition morsus-ranae** Rivas-Martínez, Fernández-González et Loidi 1999

*Lemno minoris-Hydrocharitetum morsus-ranae* Passarge 1978

POTAMETEA PECTINATI Klika in Klika & Novák 1941

*POTAMETALIA PECTINATI* W. Koch 1926

**Nymphaeion albae** Oberdorfer 1957

*Nymphaeetum albae* Vollmar 1947 em. Oberd. in Oberd. *et al.* 1967

*UTRICULARIETALIA* Den Hartog & Segal 1964

**Ceratophyllion demersi** Den Hartog & Segal ex Passarge 1996

*Ceratophylletum demersi* Hild 1956

PHRAGMITO AUSTRALIS-MAGNOCARICETEA ELATAE Klika in Klika & Novák 1941

*PHRAGMITETALIA AUSTRALIS* W. Koch 1926

**Phragmition australis** W. Koch 1926

*Polygono salicifolii-Phragmitetum australis* Barbagallo, Brullo et Furnari 1979

*Typhetum latifoliae* Nowiński 1930

*Schoenoplectetum lacustris* Chouard 1924

*MAGNOCARICETALIA ELATAE* Pignatti 1954

**Magnocaricion elatae** Koch 1926

*Cladietum marisci* Allorge 1921

*Caricetum acutiformis* Egger 1933

*Caricetum ripariae* Máthé et Kovács 1959

*Cypero-Caricetum cuprinae* Tüxen & Oberdorfer ex T.E. Díaz 1975

*NASTURTIO OFFICINALIS-GLYCERIETALIA FLITANTIS* Pignatti 1953

**Glycerio fluitantis-Sparganion neglecti** Br.-Bl. et Sissingh in Boer 1942

*Sparganietum erecti* Philippi 1973

**Apion nodiflori** Segal in Westhoff et Den Held 1969

*Helosciadietum nodiflori* Maire 1924

MOLINIO-ARRHENATHERETEA Tüxen 1937

*PLANTAGINETALIA MAJORIS* Tüxen ex Von Rochow 1951

**Lolio perennis-Plantaginion majoris** Sissingh 1969

*Cirsio triumfettii-Eupatorietum cannabini* Brullo et Spampinato 1990

Community of *Alopecurus aequalis*

FILIPENDULO ULMARIAE-CONVOLVULETEA SEPIUM Géhu & Géhu-Franck 1987

*CALYSTEGIETALIA SEPIUM* Tüxen ex Mucina 1993 nom. mut. propos. Rivas-Martínez, *et al.* 2002

**Calystegion sepium** Tüxen ex Oberdorfer 1957 nom. mut. propos. Rivas-Martínez *et al.* 2002

*Calystegio silvaticae-Arundinetum donacis* Brullo, Scelsi et Spampinato 2001

Community of *Althaea officinalis*

SALICI PURPUREAE-POPULETEA NIGRAE Rivas-Martínez & Cantó ex Rivas-Martínez, *et al.* 2001

*POPULETALIA ALBAE* Br.-Bl. ex Tchou 1948

**Populion albae** Br.-Bl. ex Tchou 1948

Community of *Alnus glutinosa*

*Aro italici-Ulmetum minoris* Rivas-Martínez ex López 1976

*SALICETALIA PURPUREAE* Moor 1958

**Salicion albae** Soó 1930

*Salicetum albo-brutiae* Brullo & Spampinato 1997

RHAMNO CATHARTICAE-PRUNETEA SPINOSAE Rivas Goday & Borja ex Tüxen 1962

*PYRO SPINOSAE-RUBETALIA ULMIFOLII* Biondi, Blasi & Casavecchia in Biondi *et al.* 2014

**Pruno spinosae-Rubion ulmifolii** O. Bolòs 1954

*Rubus ulmifolius* community

QUERCO ROBORIS-FAGETEA SYLVATICAE Br.-Bl. & Vlieger in Vlieger 1937

**Quercion pubescenti-petraeae** Br.-Bl. 1932

**Tilio pseudorubrae-Ostryion carpinifoliae** S. Brullo *et al.* 2001

*Quercus robur* subsp. *brutia* community

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